

VENUS AS THE TRIGGERING PLANET

In the next series of containments, Venus is the triggering planet. Sociologically, Venus symbolizes young women, models, lovers, actors, artists, bankers, and people linked to finance, entertainment, and the arts. Psychologically, Venus is the intellectual concept of love, harmony, and peace. Mystically, Venus is the archetype or ideal of beauty.

Twenty-five hundred years ago, Greek philosophy was not primarily concerned with a search for truth but with what they called beauty. The Greeks considered truth to be some sort of intellectual abstraction. Their goal was a state beyond intellectual concepts in which one realized ultimate beauty and brought it into their life.

The homes in ancient Greece were very simple, much like Japanese homes are today. They were never cluttered and had very little furniture. The Greeks believed a cluttered home produced a cluttered mind, but today we say a cluttered home is a sign of a cluttered mind. Think about the subtle yet vital difference between these two ideas. Wisdom evolves from an uncluttered state of mind, which arises from a sane and simple lifestyle. This is why Venus is linked to both the idea of beauty and one's values.

People often have difficulty understanding how love and beauty can become sources of limitation. There are many ways this can happen. A person may love someone, but his or her love may be unrequited. This can easily produce limitation in a person's mind. Another way is a person might be drawn to someone who is beautiful or a passionate lover, but over time they discover that this person does not have a very beautiful personality. In other words, they fell in love with someone who embodied their concept of beauty but was not loving — not gentle, unselfish, or kind. This can produce many different types of karmic problems, especially if marriage is involved. Love can also be a source of limitation if your concept of love is linked to unhealthy emotions. For example, people can be very cruel, self-serving, or controlling in the name of love.

As you ascend the chakric tree of consciousness, you must be prepared to break free of concepts and values that you currently hold in order to evolve to higher concepts and values. On each level, you will find new concepts of beauty and love that are fuller and more complete. In the same way, the idea of love in the mind of a six-year old child is very different than it is in the mind of a teenager, which in turn should be very different from the concept of love in the mind of a thirty- or forty-year old adult. This is as it should be. All life is a process of expanding self-conscious awareness.



I want to re-emphasize two important points about the containment of Saturn. Keep them in mind as you read the text. The first point is there is a natural evolution or flow of energy in every containment that moves from constriction and confinement to expansion and freedom. This evolutionary movement is described in the first part of each section. The remaining text outlines the cause and effect of the limitation that must be overcome. The second point I want to re-emphasize is the meaning of the word *die* as used in this text. In reference to the containments, it means that a person feels their ability to express the planetary energy is so restricted that it is absolutely powerless or dead, and thus useless to the person.

Venus-Saturn-Moon

When Venus is the triggering planet, there is a tendency to limit yourself because you are too sociable or easygoing. Your concept of beauty or your values produces limitation and confinement, which lead to emotionality and frustration. Your emotionality eventually reaches a peak and must be dealt with. This containment indicates you need to learn how to handle your emotions. When you realize you can overcome your emotionality, you will find fulfillment and freedom. This will urge you forward to find the beauty of self-mastery with which you can soften the emotionality of your mind even further. This produces a life filled with beauty and thus deeper values.

Above all else, you want to preserve control of your life, and perchance everyone else's. This is easy for you because by nature you are detached from people and their emotions. But the price you pay is very high. You can only sustain your detachment by avoiding any type of disagreement, which leads to a life of superficiality. You are in love with your emotions. You feel that if your emotions are taken away, your personality will begin to die. *The limitation is you think you are your emotional love.*

Venus-Saturn Mercury

This containment indicates your values or concept of love and beauty produces limitation and confinement, which leans toward being illogical. If you apply skillful means and address this lack of logic, you eventually develop an awareness of the realism of life. This leads you back to a more mature concept of beauty, which produces a return of realistic values and allows you to more easily organize your life.

There is a strange logic to your mind. It makes you think that others have forced this life on you. This attitude drags you into resentment and confining circumstances. If you want to avoid this trap, you need to clearly define your values and convey them even

more clearly to other people. Do this for your own sake, not for anyone else. You want to think as you wish in a quiet, lazy way. If you sense any pressure, you feel your love will die. *The limitation is you think you are your values.*

Venus-Saturn-Sun

Your concept of beauty, and thus your values, produce limitation and confinement. This confinement is intensified by the Sun as the driving planet, which can lead to dictatorial attitudes. Dictators certainly accomplish things, but the question is at what cost. Your mind is in awe of the beauty of the things you accomplish, but you must learn that the ends do not always justify the means. In time, the beauty of your accomplishments becomes more valuable to you than the ways of a dictator. When you give up the drive to be in control, you accomplish even more. When this happens, you see the beauty of your soul and are set free, thus helping others to become free.

You organize your life around things that give you pleasure and contentment — things that are effortless and easy to deal with. The problems come if and when you establish long-term objectives because you are always putting obstacles in your way and hampering yourself. You need to re-establish higher values and focus on life, not your life but Life itself. You feel that if you lose your purpose your love will die. *The limitation is you think you are your purpose.*

Venus-Saturn-Mars

Your values produce limitations and confinement that result in negative actions. This becomes so detrimental over time that you realize you have to change, or it will destroy your life. Your actions must become more harmonious and less destructive. When you realize that positive actions bring order to your life, it permits you to find afresh what you are seeking — true beauty and higher values.

There is a rigid pattern to your life that limits your ability to make wise decisions and take creative action. You live with this limitation for long periods of time and then suddenly and without warning you explode in an attempt to immediately escape your confinement. You need to be very careful of where, when, and how you explode. As the driving planet, Mars can be quite destructive. This confinement indicates you associate love with passion. You feel that if your passion is diminished your love will die. *The limitation is you think you are your passionate activity.*

Venus-Saturn-Jupiter

Your concept of beauty or your values produces limitation and confinement. This limitation leads to a carelessness and inattention to details that bring delays and chaos. Eventually you will see the need for order and begin to reorganize your life. The best way of doing this is to build a bigger, better vision of your life and Life itself. When this happens, there will be an expansion of your mind. Expansive thinking reveals the grandeur and beauty of all life, which cultivates higher values.

Your personality is enthusiastic by nature, yet you curb it because you sense others are fearful of too much intensity. This affects your energy level and makes you apprehensive, which is not healthy or wise. You should strive to overcome your inhibitions and enter the full spectrum of your life. Nothing that happens will be too destructive if you stay positive and retain your sense of warmth and humor. You feel that if you lose your exuberance you will begin to die. *The limitation is you think you are exuberance.*

Venus-Saturn-Uranus

That which you value or find beautiful produces a limitation or confinement that causes erratic psychological patterns that cause your creativity to falter. This leads you to the realization that there is a root source of your being, which is something you had forgotten and might not have remembered had you not stumbled. This realization is turned back on the mind, revealing the beauty of your being and the joy of creativity. When this happens, higher values unfold within a spiritually mature mind.

People think you have an impulsive personality, but you know this is not accurate. The truth is that your personality is always looking ahead, always searching for fulfillment and pleasures that require little effort. In time, this habit will constrict your mind and thus your freedom. Because you seek and value freedom, you will eventually realize that you need to change this habit. You are a unique person and need to follow your own values (within limits). If you follow other people's values, you will lose your most valuable treasure — your individuality. You think that if you are not allowed to love freely, wildly, and uninhibitedly your heart will die. But I wonder what organ you associate with love — the heart or something below the belt. *The limitation is you think you are your passions.*



Venus-Saturn-Neptune

Your concept of beauty and your values bring limitation and confinement, which produce confusion. You must gain clarity and emerge from your confusion to find nobler ideals by which you can navigate your life. When this happens, you will find yourself in a realm of higher values that lead to freedom.

The key problem is that you cannot meet your commitments if you are confused. Your personality is easily distracted and falls into patterns that the mind holds onto ferociously. This makes your value system defective and leads to limitation, which causes the mind to be filled with doubts and bewilderment. Your spiritual task is to look past the fears and doubts of your mind and gain a cosmic view wherein you can grasp and see your true responsibilities. When it comes to love and romance, you do not want to bring sex or money or even tangible ideas into the picture. You prefer to love within a subtle and delicate mist where nothing is seen and thus all can be imagined, except what is corporeal. *The limitation is you think you are your imagination.*

Venus-Saturn-Pluto

Your concept of beauty or your values creates limitation and confinement, which produce an immense obsession in which you become lost. Over time you will realize that the only way to become free of this obsession is to create a stronger and more positive obsession. This process is a transformation of your concept of love and beauty. It is a regeneration of love and beauty, which releases higher values and leads to freedom.

Most people see you as being very strong, and in many ways you are. But deep within your mind there is self-doubt and fear. Your mind can be very forceful and you fear you will use it to attack people. This concerns you because deep inside you are soft, gentle, and friendly. So you tend to isolate yourself and stay away from people, but this leaves you feeling that no one likes you. The fact that you are strong and proud adds to your dilemma because you have a hard time approaching people first, which would alleviate your problem. You have boxed yourself in and need to learn how to free yourself. Do not withdraw from people. Learn to live with the intensity of your mind without fear and without isolating yourself. You think that love is power. Thus, you think that if you lose your power your love will die. *The limitation is you think you are the intensity of your love.*



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MARS AS THE TRIGGERING PLANET

The next series of containments has Mars as the triggering planet. This is one of the most difficult combinations because both Mars and Saturn make people emotional and impulsive. Mars symbolizes action, but on a karmic level it symbolizes anger, irritation, and resentment. I think the word anger describes Mars very well, but psychologists would say that when a person is angry they are actually responding to fear — real or imagined. When Mars is the triggering planet of a containment, there is always the possibility that anger or fear is the precipitating cause. But it was not really your actions or your anger that triggered limitation in the past — it was your manner and approach.

Sociologically, Mars symbolizes young men, police officers, surgeons, mechanics, soldiers, prizefighters, criminals, and anyone who is angry or violent. Psychologically, Mars is anger, aggression, and sometimes hatred. It also has a great deal of fear within it, which is a quality it shares with Saturn, but they are two different types of fear.

Mystically, Mars relates to the process of creation. Like the Sun, Mars is fire, and they are both powerful creative energies. Mars is the basic human drive to reproduce ourselves — psychologically, emotionally, and biologically. People with a strong positive Mars have great control over their lives but little control over others. People who have a strong positive Sun have great control over other people's lives but rarely any control over their own.

Mars-Saturn-Moon

Anger and fear produce limitation and confinement that lead to emotionality. You will find it hard to bring stability into your life and even more difficult to sustain order if you find it. This containment indicates that you have an ideal personality for demolishing things, including relationships and organizations. In modern language, you are a psychological demolition expert. It is true that something usually needs to end before something new can be established, but you lack the ability to reconstruct what you demolish. Half a job can be quite untenable so strive to do things completely or not at all. You feel that if you give up your hostility or aggression you will be powerless to do anything. *The limitation is you think you are your emotions.*



Mars-Saturn-Mercury

This containment indicates anger and fear and produces limitation and confinement, which make you temperamental. It is very difficult for you to feel satisfied. In fact, you become disgruntled quite easily. Your personality is impetuous and inconsistent. You strongly dislike schedules and rapidly tire of them. You like change and need it, but you strive to be more flexible by controlling your emotions. Selfless actions will lead you to mental contentment. If your emotions distract you from solving your problems intellectually, you feel that your life becomes meaningless. *The limitation is you think you are your fears.*

Mars-Saturn-Venus

This containment indicates fear and anger and produces limitation and confinement, which lead to laziness and self-indulgence. Your personality is unhappy by nature. It demands you constantly establish new routines. The problem is that these routines are not purposeful, and they lead to heavier limitation. If you cannot break out of your self-indulgence, there is no way to lift the energy of this containment. If you can, you eventually develop an awareness of the beauty that is Life. You feel that if you lose your ability to take action, there is no other channel for the expression of your love and thus it will die. *The limitation is you think you are your concept of love.*

Mars-Saturn-Sun

Anger and passion bring confinement, which produces dictatorial attitudes that eventually lead to accomplishment. Your personality is impulsive and dictatorial by nature, which makes you less than practical when dealing with your everyday life. You are disgruntled and dissatisfied because you are unable or unwilling to overcome the resistance of Saturn. You feel that organizing your life is a nuisance and that it hinders your ability to do whatever you want. You believe your actions make you what you are. You have great power but fail to use it because you are focused on your displeasure, which only perpetuates your inability to take purposeful action. If you are not free to act as you wish, you feel that someone is trying to rob you of your life. *The limitation is you think you are your power.*

Mars-Saturn-Jupiter

Anger and passion are the source of limitation and confinement, which bring inattention and carelessness. This, in turn, produces delays and chaos in your life. In time,

this containment leads to a purposeful life philosophy. But you have an impetuous and reckless personality that seems to create limitation and constriction in every phase of your life. The main problem is you overreact to circumstances that offer any resistance. This curbs your enthusiasm. Your immediate reaction is to run away from frustrating situations. You believe all your actions must be enthusiastic and forceful. If you lose your enthusiasm, you feel powerless to take any kind of action at all. *The limitation is you think you are your enthusiasm.*

Mars-Saturn-Uranus

Irritation and anger produce limitation and confinement, which lead to erratic and rebellious behavior. If skillful means are applied, this containment can bring creativity or even genius. But the positive potential of Uranus is diverted by your personality, which disapproves of routine. All your energies are directed toward unbridled activity. If anyone restrains you or tries to bridle you in any way, you become psychologically paralyzed. Anything that seems ordinary or customary makes you feel like you are being compelled to relinquish your freedom. When you feel this way, you become extreme, react in unpredictable ways, and become defiant, which wastes your creative energy. You need to learn to take sensible action without first feeling that your freedom is threatened. *The limitation is you think you are your uninhibited life.*

Mars-Saturn-Neptune

Anger and frustration create a limitation that causes confusion. Skillfully removing your confusion and gaining clarity generate new ideals that bring freedom. This containment tends to create a personality that is confused and filled with self-doubt. You want order but become frustrated by any type of routine, which only adds to your confusion. You escape this unpleasant cycle by entering into the world of daydreams and fantasies, but this cure can be worse than the disease. You live in a nebulous realm because removing that veil would allow the world to see your personality as it really is — aggressive and hostile. If you can renounce your anger and resentment, you will be free of your confusion. *The limitation is you think you are your fantasies.*

Mars-Saturn-Pluto

Anger and irritation bring limitation and confinement, which produce an obsession that leads to regeneration and eventually freedom. Your personality may seem weak when compared to other people, but it is not. Yet you are easily overcome by situations



and circumstances that are restrictive, even if they are only in your head. You are rash and controlling. You try to dominate people and events rather than build positive situations. This is made worse by the fact that you tend to become obsessive. You are afraid that if you lose control of the circumstances around you the world will see you as weak. You feel that your actions must be intense or they are not truly actions. If you become quiet and lower your intensity, you feel that you are paralyzed. *The limitation is you think you are your mask.*



JUPITER AS THE TRIGGERING PLANET

The next series of containments has Jupiter as the triggering planet. Sociologically, Jupiter symbolizes civil servants, judges, priests, rabbis, ministers, counselors, philanthropists, bankers, doctors, lawyers, and professors. Psychologically, Jupiter symbolizes expansive patterns of thought such as justice, optimism, aspiration, generosity, and compassion. Jupiter also symbolizes the pursuit of knowledge and one's personal philosophy.

Mystically, Jupiter causes things that are nurtured to grow and expand. The Moon symbolizes germination, Mercury the sprouting of the seedling, and Venus and Mars the period of maturation. Jupiter symbolizes the cycle in which the vine is mature enough to expand, produce new branches that are stronger or more extensive, and bear fruit.

Jupiter as the triggering planet is a crucial containment for seekers of wisdom. The ancient Greeks said that if a person truly knew it was wrong for them to do something, they would not do it. In the 1940's my beloved Guru told me this was not true. I disagreed with him then and I still do. In my opinion people who steal or rob do not *truly* think it is wrong on an emotional level. This underscores something of which most people are unaware: There is a significant difference between solar and lunar knowledge, which I call intellectual knowledge and emotional knowledge.

An example might be helpful. Intellectual knowledge is someone who knows they should not eat a piece of chocolate because every time they eat one piece, they eat the whole box. Then right after they think this thought, they eat a piece of chocolate and an hour later the whole box is gone. In other words, intellectual knowledge is not enough because there is no restraining power behind it. Emotional knowledge, on the other hand, cultivates restraint. When the Greek philosopher says that a person who truly knows that something is wrong will not perform the act, what he means is a person who has emotional knowledge will have the power to restrain themselves.

A person who really wants to lose weight or realizes that chocolate is destructive to their health will not eat it. They will give it away, get it out of the house, or throw the box in the garbage so it cannot be retrieved. They may allow themselves to think about the candy, but they will not eat it. This is emotional knowledge.

Another way of expressing this concept is to say that intellectual knowledge is compartmentalized knowledge whereas emotional knowledge is holistic knowledge.



There is a tremendous difference between the two. Some years ago, I had a student who had been married for twenty years. One day her husband told her that he was going out of town on business. He was not careful and she discovered that he was cheating. The woman asked her husband what he had to say for himself. He answered that he wanted a divorce. The woman cried for weeks and kept asking, "How could *she* do this to me? How could *she* steal my husband?" Five months later she was dating a married man who was cheating on his wife. When the student mentioned this to me I asked, "But isn't he married?" I did this because her primary question had been how could someone steal her husband. She answered by saying, "Yes, he is married. But it's a bad relationship and the marriage is on the rocks."

She did not *truly* know, even after the intense experience of her own divorce, that she was doing something she should not do. Within just five months, she was engaged in the same hurtful activity that had caused her so much pain. Why? The answer is simple. Despite all her emotionality, she only had intellectual knowledge. She did not emotionally understand. If she did, she would have realized that she was transferring the pain she experienced when another woman stole her husband to the wife of the man with whom she was now sleeping. She did not understand that she was now a catalyst for someone else to experience the same pain. Her compartmentalized thinking did not permit the transfer of her experience from one part of her life to another. If it had, she would have said, "No, this is wrong. I do not want to be the cause of anyone suffering like I suffered." That would be holistic thinking.

Another way of saying this is intellectual knowledge is knowing, but emotional knowledge is realizing. You need to understand the difference between *knowing* and *realizing* to become free of your past karma. We are all trying to improve our lives by the use of intellectual knowledge — what we think we know. But until we learn the difference between intellectual knowing and emotional realization, we remain trapped in the containment of our self-created psychological limitations. This is why we need to learn the difference between intellectual and emotional knowledge.

I hope you understand that emotionality and emotional knowledge are two very different things. Emotional knowledge is the product of a realization. Emotionality and the negative thoughts that follow it are the cause of self-destructive actions in your life. If this negativity can be softened, transformed, neutralized, or transcended, your life will expand. You will become much happier, and life will be more fruitful.

The problem is people do not discern which thoughts and emotions are constructive or destructive for them. Most people cannot see where a particular stream of thought is taking them. It should be obvious, but it is not. This is why Jupiter is so crucial in the chart. It symbolizes your attitude and philosophy of life, which either lead you toward limitation or liberation. This is the vital point I am trying to make.

Jupiter-Saturn-Moon

An attitude or philosophy that permits carelessness or inattention to detail causes confinement and limitation. When Jupiter is linked to Saturn and the Moon, inattention to detail brings emotionality. Carelessness leads to inappropriate and foolish actions. You find it difficult to differentiate between enthusiasm and emotionality. When you try to generate enthusiasm, you end up with emotionality. You have a borderline depressive personality, which keeps you busy doing anything and everything so you can avoid thinking about yourself. Thus, you continuously and subconsciously overburden and encumber yourself. You feel that if you remove your emotionality, you will lose your enthusiasm and be lifeless. *The limitation is you think you are the people around you.*

Jupiter-Saturn-Mercury

Limitation is caused by carelessness and inattention to detail, which produce an illogical mind. Your mind is unsettled because it is filled with unfounded emotions, fear, and self-doubt. You need to define your goals, be sure they are yours and not someone else's, and then focus on attaining them. You cannot clearly see the illogical patterns of your mind. Thus, slipshod thinking hampers the expansiveness you are trying to experience. If you lose your enthusiasm, you feel that you lose your ability to solve problems. *The limitation is you think you are your ego.*

Jupiter-Saturn-Venus

A philosophy or attitude that permits carelessness and inattention to detail causes limitation and confinement. You keep doing things to expand your life because it is part of your inborn nature. You sense that everything will be all right in the end because you are lucky and somebody up there is on your side. You are lucky, but to break free of your limitations, of which you are quite unaware, you need to overcome the mental laziness that has caused chaos to reign supreme in your life. Eventually you will be forced to find higher values and use them to navigate out of your ocean of laziness,



confusion, and disorientation. You expect a great deal and believe that life ought to give it to you. You also feel you should not have to wait for it. You think that if you need to work too hard or wait too long, your enthusiasm will die. *The limitation is you think you are your emotional feeling of satisfaction.*

Jupiter-Saturn-Sun

An attitude or philosophy that permits carelessness and inattention to detail causes confinement and limitation. This may be an inattention regarding religion, law, business, or medicine. Your biggest problem is you allow insignificant conditions to impede your accomplishments. This is generally due to procrastination. The question is why do you procrastinate? Despite the fact that you are quite friendly and talented, you have an autocratic attitude. This allows you to accomplish a great deal but at a heavy price to those around you. Your personality wants to be in control. As a result, it tries to do everything in all areas. This greatly hinders your progress. *The limitation is you think you are your endeavors.*

Jupiter-Saturn-Mars

Carelessness and inattention to detail cause limitation and confinement, which most likely spring from your philosophy. You have a negative attitude. This leads to negative actions that produce confining effects. In time you will see what is destructive about your philosophy. This will lead to a positive attitude that produces constructive action. Activity is everything to you. In your mind there is nothing like activity and more activity, even if it is meaningless. To your way of thinking, the meaning of activity is activity. You feel that if they take away your activity, you will no longer be excited. *The limitation is you think you are your activity.*

Jupiter-Saturn-Uranus

Carelessness and inattention to detail produce limitation that inhibits the expansion of your life. This containment brings erratic patterns of thought that reveal what you might not normally discover: You have enormous creativity called genius. In time you will learn to focus the erratic nature of your mind. When you accomplish this, you will discover the secret of success: You have the ability to apply your creative genius in any area of your life that you choose.

You unconsciously strive to gain control of others because you think that will give you total freedom. But the truth is that you can only realize total freedom when you

give it to others. Your biggest problem is the tendency to postpone and delay everything. Enthusiasm will bring you freedom. But you feel that if your hands are tied in any way, your freedom is threatened. You feel that if your freedom is taken away, your enthusiasm will die. *The limitation is you think you are your enthusiasm.*

Jupiter-Saturn-Neptune

Carelessness and inattention to detail bring confinement and limitation, which lead to confusion. You need a map of higher ideals to find your way out of the chaos caused by your confusion. Embracing a mystical philosophy will lift your thoughts, expand your life, and thus remove your limitations. The danger is you are prone to self-deception. You believe your life is to be lived on a higher plane. Being practical or pragmatic makes you feel like you are losing the rarefied heights. Any attempt to bring you back to earth destroys your sense of freedom and kills your enthusiasm. *The limitation is you think you are free.*

Jupiter-Saturn-Pluto

Carelessness and inattention to detail produce confinement. This containment indicates your philosophy created a limitation in the past that is producing an obsession in this lifetime. Creating a stronger and more positive philosophy will break the obsession. This is called regeneration. Thus, you move from a limiting obsession to a liberating obsession, regenerating your freedom. When you learn the secret of regeneration, you gain power. This can be redirected toward your philosophy or whatever expands your thinking and makes it more positive. The problem is you can be enthusiastic about almost any kind of overindulgence. You feel that if an opportunity to overindulge is taken away your, enthusiasm will die. *The limitation is you think you are your obsessions.*

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URANUS AS THE TRIGGERING PLANET

The next series of containments has Uranus as the triggering planet. This configuration indicates a personality that feels different from others because of strange, erratic, or unusual psychological behavior. Sociologically, Uranus symbolizes inventors, aviators, reformers, astrologers, extremists, revolutionaries, and the avant-garde. It also rules people in the fields of electricity, electronics, space travel, x-ray technology, and those who work with radioactive materials.

On a psychological level, Uranus is the idea of freedom at any price. This is what usually causes the limitation and confinement. These thoughts are often abnormal, extreme, impulsive, radical, eccentric, disruptive, or even perverse. It is worth noting that the people who value their freedom the most are often the ones who try the hardest to take it away from others.

Mystically, Uranus is known as the Awakener because it symbolizes an awakening to cosmic consciousness. Enlightenment unfolds in stages. Any containment with Uranus as the triggering planet causes people to seek greater freedom, and thus eventually enlightenment.

Uranus-Saturn-Moon

Extreme or erratic behavior produces limitation and confinement, which is primarily caused by a feeling that you can do whatever you want to do whenever and wherever you wish. It is called chaos. At first this limitation brings a sort of emotional chaos. But as you begin to work your way through it and re-establish order, you develop a sense of emotional fulfillment that is not destructive to your need for freedom. The problem is you want a way out of the chaos but are afraid to try anything. You freeze and wind up immobilized by your fear and emotion.

Your excessive drive to be free and the ensuing chaos and disorder it churns up cause your mind to become extreme and illogical. In time you overcome the emotional chaos in your head, become more practical, and move toward a concept of freedom that brings positive fulfillment. You feel that your life will not be worth living if your emotions are taken away from you. *The limitation is you think you are your emotional freedom.*



Uranus-Saturn-Mercury

Extreme or impulsive behavior produces limitation and confinement. The challenge of this containment is to think clearly and solve problems in a logical way. Confinement arises because you are unable to stop the dispersion of the planetary energies, which among other things scatters your mind and prevents it from concentrating. This lack of concentration, coupled with a feeling that you are very different from other people, produces serious self-doubt.

You need to learn to focus your mind and communicate coherently. You feel that if someone inhibits your ability to be resourceful, they have taken away your freedom. You feel if you lose your sense of freedom, your mind will die. *The limitation is you think you are your resourceful mind.*

Uranus-Saturn-Venus

Being extreme or excessive brings lack or limitation, which leads to laziness and carelessness. From early childhood you have felt that you did not fit into your culture. In truth you are different. You have a deep sense of the artistic and value your freedom more than most. The way out of your limitation is to help people who do feel they fit into their culture to liberate themselves. To do this successfully you must try to understand and respect their values, even though they are very different from yours. Curb your tendency for self-indulgence and work toward helping others. If you can do this, in time you will develop deeper spiritual values that give greater meaning to your life and point the way to liberation. *The limitation is you think you are your self-indulgent values.*

Uranus-Saturn-Sun

Self-doubt, erratic behavior, and an innate feeling that you are different from everyone else lead to confinement and limitation, which make you far more aggressive than you realize. This is why you resist and defy everything and everyone. You are different from others — thank God. Recognize it, accept it, and learn to live harmoniously with the people around you. It is not a defeat. It is a great victory and spiritual lesson. If you learn to accept yourself, amazingly others will accept you. When you understand this truth, it brings you great power and freedom.

To you, freedom is vitality and vitality freedom. The problem is that what you consider to be an expression of your vitality others experience as controlling. Be aware,

be wise, and avoid being a dictator. In time this will bring a realization of your accomplishments, which will shift your mind away from being dictatorial. When this happens, you will experience a new kind of freedom, which makes you productive and creative without being destructive or controlling. You feel that any attempt to impose a limitation or direction upon you is an attempt to take away your total freedom. *The limitation is you think you are your vitality.*

Uranus-Saturn-Mars

Confinement arises because you revolt against people and forces that limit what you consider to be your freedom. Your personality is impulsive and engages in disorganized activity that is self-destructive. You tend to erupt when frustrated, which hurts you more than it hurts others. You are strong, aggressive, and somewhat insecure so you attack anything you perceive as a threat. Anger, frustration, and resentment make you feel that freedom means you have the right to be as aggressive as you want — that freedom is not being constrained by anything or anyone, not even yourself. You need to soften your aggressive tendencies and learn to constructively release your frustration. This needs to be done daily, if not hourly.

You find yourself sinking deeper and deeper into the quicksand of impulsive and destructive behavior. At some point, you recognize that you need to do something constructive to break the cycle of limitation. Eventually there is a realization that certain actions are constructive and others destructive. You discover that unselfish creative action pulls you out of the quicksand of anger and resentment. With this awareness, you begin to curb the momentum of self-destructive activity and instead cultivate positive thoughts and actions. Though there will still be negative thoughts, in time there will be an abundance of positive thoughts that will bring greater freedom into your life. You are afraid that something is trying to limit you. You feel that if you are constrained in any way you will lose your freedom, and thus you will die. *The limitation is you think you are your concept of freedom.*

Uranus-Saturn-Jupiter

A distorted concept of independence or freedom produces limitation and confinement. This limitation manifests as an inattention to detail, which leads you into quagmires. When the water reaches your nose, you rapidly realize you need to do something innovative to break free of your self-created confinement. This motivates you to broaden your thinking and philosophy. In time this expands the horizon of your awareness and draws creative positivity into your life, which opens into greater freedom.



You started your life in very limited and chaotic circumstances. Yet you are moving toward a new philosophy of freedom, which is so expansive that there will be room to include other people's ideas. You have the ability to take a negative event and convert it into something positive. If you are denied this, you feel that you are denied your freedom. *The limitation is you think you are your philosophical thoughts.*

Uranus-Saturn-Neptune

Erratic or impulsive actions produce limitation and confinement that lead to irresponsibility and confusion. You need new ideas and ideals in order to find your way out of this confusion. Your inner mind says, "It is not enough to be free myself. I must help everyone become free." But the question is what does the word *free* really mean to you? The answer depends on the nature of your natal Uranus. You prefer not to see your obligations with any clarity because as long as you avoid them, you are convinced you are free. You believe that if you acknowledge your obligations, you will lose your freedom. *The limitation is you think you are what you believe.*

Uranus-Saturn-Pluto

Extreme or erratic behavior produces limitation and confinement, which in turn leads to obsession. This obsession becomes stronger and stronger until you realize that you need to become free of it. You do this by transforming it and regenerating your mind. At first this is accomplished by developing a stronger and more positive obsession. This allows you to break free of your confinement. Eventually the power of your Pluto is directed toward breaking free of all obsession. When this happens, you reawaken the Uranian ideal of freedom and the Plutonian ideal of inner power. You realize that the goal of life is to be free and that freedom comes from using the positive transformational power of your mind wisely. *The limitation is you think you are your power.*



NEPTUNE AS THE TRIGGERING PLANET

The next series of containments has Neptune as the triggering planet. These containments indicate that limitation and confinement were caused by disorientation, ambiguity, or vagueness. It also indicates a personality that can be impractical or unrealistic.

Sociologically, Neptune symbolizes alcoholics, pharmacists, anesthesiologists, drug addicts, hypnotists, mediums, mystics, deceptive or irresponsible people, con men, members of the navy, anglers, oil workers, and people from past lives. Psychologically, Neptune symbolizes the dream state and the astral world. It also relates to psychotic and neurotic states of consciousness.

Neptune symbolizes mystical experiences, which are distinctively different from enlightenment. A person may seek or have a mystical experience without ever desiring or experiencing enlightenment. Mystically, Neptune is a search for the ultimate experience — a primary state of consciousness that transcends the egocentric focus of the mind and shifts one's awareness from isolation to unity. For some, this experience manifests through art or culture. For others, it arises through contemplation and meditation. It is true that Neptune can cause you to lose yourself in fantasy or creativity, but on a mystical level it leads you to dissolve your sense of self in something greater than your ego. This is why Neptune rules drugs and addiction because people use them as a way of losing or getting away from themselves.

Neptune-Saturn-Moon

Vagueness, disorientation, or an overactive imagination leads to limitation and confinement, which produce emotions that can easily turn into depression. You experience strange feelings and emotions. They are nebulous but have a powerful and negative effect on your mind. When you come to truly understand the genesis or "mother" of these emotions, it transforms your consciousness from confusion, which is productive of limitation, to inspiration, which leads to freedom. You feel you are your emotions and fantasies. You think if you are deprived of your fantasies you will have no inspiration. *The limitation is you think you are your flights of imagination.*

Neptune-Saturn-Mercury

Uncertainty and self-doubt produce confinement and limitation. Confusion attacks the mind and takes over the thinking process. This causes the mind to become illogical



and disorientated, producing vague anxieties that create greater limitation. Life becomes mentally overwhelming and impossible. The lesson of this containment is to develop realism — to see life as it is and not as you fear it is or hope it will be. You begin this process by learning to discriminate your fantasies and fears from true reality.

To neutralize emotionality and confusion, you must apply methods that permit logic, reason, and intellect. When this happens, you no longer see your life or the world as overwhelming or confusing. You see the world as it is. It is no longer a question of whether you like it or dislike it. It is no longer a question of whether you approve or disapprove. Your mind simply sees things as they are. Thus, you are free to respond to the world in a more realistic and positive way. You think you are your psychic impressions and abilities. If the world tells you these gifts do not exist or if they tell you that you do not have these gifts, you lose your inspiration. *The limitation is you think you are your emotional impressions.*

Neptune-Saturn-Venus

Vagueness, disorientation, or confusion makes you respond to life in inappropriate or negative ways that produce limitation and confinement. But the real problem indicated by this containment is an emotionality that makes you lazy and careless. Inaction results in serious problems that eventually become so pressing that you are forced to seek a solution. This leads you to reexamine your values and look for deeper meaning in your life. What you discover is the beauty that is Life. When this happens, you build a more stable value system that is based on a balanced emotional state because value systems are not logical. They are emotional. *The limitation is you think you are your emotional values.*

Neptune-Saturn-Sun

Vagueness, disorientation, or confusion produces limitation and confinement, causing your personality to feel threatened. Thus, the personality becomes dictatorial. Eventually you realize that you have accomplished a great deal. But more importantly, you realize that had you not spent so much time and energy being a dictator, you could have accomplished even greater things.



The problem is you limit yourself with a false sense of responsibility. This feeds your ego and makes you feel important. Ironically, had you not felt threatened into becoming a dictator, you might not have accomplished anything at all. Your ego needs to feel important. It does not want to *be* important. That would take too much work, but your ego definitely needs to feel important. If you lose your sense of importance, your inspiration about life begins to die. *The limitation is you think you are your responsibilities.*

Neptune-Saturn-Mars

Vagueness, disorientation, or confusion brings limitation and confinement that affects your thoughts and actions. You lack a clear understanding of what your actions can or should accomplish. This ambiguity brings a sense of frustration that produces actions that are negative and thus destructive. Eventually you recognize which actions are destructive to you and those around you and which are not. This insight automatically begins to weaken negative thoughts.

As your actions become more and more constructive, you gain greater clarity about what you can accomplish. You also see how you can best accomplish it. Later this insight reveals why you are better off not trying to accomplish certain things. Your actions are inspired by deep-seated ideals. If you lose your inspiration you feel your ability to take action dies. *The limitation is you think you are your inspired thoughts.*

Neptune-Saturn-Jupiter

Disorientation and doubts related to your philosophy of life bring limitation and confinement. Confusion produces passivity, inattention to detail, and a lack of attentiveness in your life. This brings delays and makes it feel like the world is coming down on you. When this happens, you can no longer sit by and do nothing. You realize that you need to expand your life by expanding your philosophy.

You overcome the limitation of your philosophy by making it more clear and concise. When you do this, you become more attentive and your life begins to unfold. You mature and realize it is wonderful to be an individual. But you do not want to be reminded of your obligations and commitments. When reminded of your obligations, you feel that your inspiration vanishes like a mist. *The limitation is you think you are your erroneous philosophical ideals.*

Neptune-Saturn-Uranus

Disorientation and confusion related to your concept of freedom bring limitation and confinement. This containment produces erratic patterns of thought. These patterns produce psychological states that you would not normally experience. They also reveal things of which most people are not normally aware. They bring insights that cultivate creative genius. This creative genius is a way of seeing and doing things that transforms vagueness into inspiration, which in turn transcends limitation and leads to freedom.

It would be more accurate to say this containment produces a feeling of limitation. Everything is a psychological state. You can be in prison and feel free or be crossing the continental divide and feel heavily confined. Life is a psychological state, and this containment confuses the mind about the true nature of freedom, resulting in greater limitation. *The limitation is you think you are your confinement.*

Neptune-Saturn-Pluto

Confusion and uncertainty about power and the use of power produces frustration. In an attempt to remove your frustration and uncertainty, you grab hold of a thought, ideal, or desire that becomes a buoy and saves your life. The problem is you grasp it so tightly that when you finally get out of the water you cannot let go. This is called obsession. In time this obsession brings an insight: That which was vital at one time in your life is no longer useful. In fact it is now a detriment to your freedom.

A buoy can be quite heavy and awkward outside the water. How do you get rid of it? By creating a healthier obsession — one that gives you the power to regenerate your mind. This regeneration is called enlightenment — a spiritual awakening that leads to freedom. Life is intense. It can be very difficult. But you have the power to soften your karma. *The limitation is you think you are your obsession.*

PLUTO AS THE TRIGGERING PLANET

In the final series of containments, Pluto is the triggering planet. Pluto is the ultimate power, the power of your subconscious mind. If this power is not released wisely, these containments can be quite confining and even destructive to the people around you. Though in the end, they will always be more destructive to you.

Sociologically, Pluto indicates groups of people and the masses of mankind. It symbolizes dictators, undercover agents, spies, the CIA, subatomic physicists, people working with fission, extraterrestrial beings, astronauts, and people who exert influence over the masses. It also symbolizes organized crime.

Psychologically, Pluto is the thought or concept of power. I am using the word very specifically, and it is critical that you understand its meaning. I am using it in a positive sense. I am referring to the power of your subconscious mind, which arises from the innermost part of the unconscious. I am referring to the power to overcome the self-sustained forces that confine you.

Mystically, Pluto is the Phoenix, the symbol of transformation, the ability to regenerate your mind and life. Pluto is the power of alchemy, the ability to take an experience and transform its energy into a more positive energy, giving you the power to do that which is seemingly impossible to do.

Pluto-Saturn-Moon

Limitation and confinement are caused by the misuse of power, which leads to emotionality. You seek power because you feel powerless. But the problem is your concept of power. It is linked to something outside yourself, and this produces serious problems and limitation. This containment indicates an intense emotionality that reinforces itself until you start to drown in it. Once you realize you are going to drown, you begin to look for a way out of the ocean of emotion.

When you realize how confining your emotions have become, you experience a tremendous burst of energy, an infusion of power that assists you in transcending your mind's emotionality and finding fulfillment. This brings the power you seek. It also reveals that power is not meant for controlling others but for controlling the negative forces inside you. In your mind, life is about having intense experiences, emotions, and reactions. If you cannot react intensely, you feel powerless. *The limitation is you think you are your intense emotions.*



Pluto-Saturn-Mercury

This containment indicates that your concept of power produces limitation and mental confinement. This makes your mind illogical, which leads to confusion, chaos, and even greater restriction. You work your way through these problems until you develop a more mature and realistic concept of power. This leads to an insight regarding the true meaning of power and how it is to be used to control your own mind and body on every level. Then you realize your power must be used wisely and realistically. You should not lie down and let the world walk on you and you should not try to walk over the world. To you, life is about thinking, solving problems, and being resourceful. If you cannot do this, you feel powerless. *The limitation is you think you are your concepts.*

Pluto-Saturn-Venus

This is a very intense containment. There is a drive to gain power so you can express yourself more fully — either romantically or artistically. You feel limited because you cannot express your deeper or more personal emotions. You feel helpless but fail to see that most of the time this is caused by laziness or an inability to act because you fear to use your power. You feel like your life is turning into a nightmare. Things get worse and worse until you realize you need a map to lead you out of your self-destructive creation. When this happens, you discover that positive values and ideals have the power to override your self-generated confinement. Thus, you escape your nightmare by establishing specific values in your life that release constructive power. You then realize you can apply that constructive power without fear, which brings freedom. For you, life is about loving everyone and everything intensely. If the world says this is immoral you feel they are trying to destroy your life. *The limitation is you think you are your values.*

Pluto-Saturn-Sun

Limitation and confinement arise because you do not feel you have enough power. You feel powerless because you see that other people have power. This attitude produces negative thoughts and destructive emotions that result in more intense confinement and limitation. When you become emotional, you feel threatened. You overreact and turn into a dictator. Over time you become more and more tyrannical — internally and externally. Eventually you realize you have gone too far, but you also realize you have accomplished things that are not normally accomplished without the use of auto-

cratic force. This brings an insight about the true meaning and purpose of power. You understand that the ends do not necessarily justify the means. You stop trying to impose yourself on everyone. You develop a true sense of the power within yourself — the power to accomplish good without coercion or authoritarian force. When this happens, your concept of power is transformed. It becomes totally focused on positive accomplishments. You then break free from dictatorial actions and liberate yourself as well as those around you. *The limitation is you think you are powerless.*

Pluto-Saturn-Mars

A false or erroneous sense of powerlessness produces limitation. Confinement arises because of an attitude that is premised on your perception of other people's power. As you see it, people can be weak individually but collectively they are strong. You incorrectly think others are trying to take your power away. You feel helpless and hopeless despite your great power. So you feel you must unsheathe your sword and defend yourself against the whole world.

Eventually your emotions force you to believe you must do something so powerful that you and others will recognize your power. The problem is this leads to destructive activity, which is symbolized by these three malefic planets coming together. Over time, enough negativity manifests in your life that you come to the realization you must do something to correct it. With this new awareness, you begin to redirect your mind and its power toward constructive creation. When this happens, you and others clearly see your power, which will now be used to cultivate greater success and satisfaction. Thus, you no longer feel limited, confined, or powerless. *The limitation is you incorrectly think you are powerless.*

Pluto-Saturn-Jupiter

The way you use or fail to use your power brings confinement and limitation. You have a lackadaisical attitude that scatters your energy and weakens the power of your mind. Left unchecked, this attitude brings delays caused by inattention and carelessness that produce all sorts of problems. If you fail to deal with these problems, chaos enters your life. To deal with them effectively, you need to refocus your mind, pay greater attention to detail, and enter a larger arena of activity. When you do this, you discover that broadening the horizon of your awareness expands your thinking and overcomes limitation. For you, life is about laughing, playing, and thinking about trivial or unimportant things. If someone tells you this is not true you feel paralyzed and

unable to use your power. *The limitation is you think you are your attitude.*

Pluto-Saturn-Uranus

Your attitude about power, a feeling of powerlessness, or the selfish use of your power brings confinement and limitation, which lead to extreme behavior. These confinements can be quite intense and deep-seated. When these three malefics come together, they lead to disorientation and chaos. They produce aberrant behavior, erratic thinking, and insane attitudes. The only way to break free of the craziness is through a stroke of creative genius. The danger is you will go too far or become too extreme.

If you can find a balance, you will discover that your mind is a source of innate and natural creativity that can bring order to your life and be of service to others. You realize that you can summon up genius to solve your problems. If you focus on your responsibilities rather than your limitations, this will lead you toward freedom. The goal is to recognize that you need to simplify your life. *The limitation is you think you are the complexity of your life.*

Pluto-Saturn-Neptune

Your attitude toward power and your concept of what it means to be powerful produce limitation and confinement. This leads to disorientation and confusion. Fantasy or imagination may distort your perception. Your ability or inability to rise above this fog and see life as it is will determine the intensity of your limitation, and thus your power. In time, you will realize you need a compass to navigate across the chaos and confusion. You will find that true power lies within your mind, and you will discover your ideals are the compass that will guide you to the clarity you seek. Ultimately you become a mystic-philosopher. You realize that life is indeed a perilous experiment, that life can be dangerous. But living life is to face the challenge of that danger. *The limitation is you think you are your realizations.*

THE CONTAINMENT OF THE RULER OF THE TWELFTH HOUSE

The sign on the cusp of the twelfth house and its planetary ruler are also important keys to understanding your karma. But there is a subtle difference between the karma symbolized by Saturn and the karma symbolized by the ruler of the twelfth house. Saturn symbolizes a karmic limitation whereas the ruler of the twelfth house symbolizes more of a karmic confinement.

How do you apply the theory of containment to the ruler of the twelfth house? There are two ways. The first is to see what sign is on the twelfth house cusp, find its planetary ruler, and then make it the hinge of the containment. In other words, think of the ruler of the twelfth house as existing between the two planets that contain Saturn and read it as you would a containment of Saturn. Everything I have said regarding the containment of Saturn would apply to the containment of the ruler of the twelfth house with about 70% accuracy. The second way is to take the ruler of the twelfth house and think of it as the triggering planet.

Another approach would be to look at both the ruler of the twelfth house and Saturn and see which is more afflicted. If the ruler of the twelfth house is more afflicted, mentally place it where Saturn is and read it accordingly. If the ruler of the twelfth house is less afflicted than Saturn, read its containment as it exists in the natal chart. If the ruler of the twelfth house is less afflicted, you can also think of it as the triggering planet. If they are equally afflicted, you must consider other factors to determine which is stronger. These factors would include their essential dignity, sign, quadrant, degree, accidental dignity, and debilitation or exaltation.

The Best Way to Soften a Containment

The best way to soften a containment, be it Saturn or the ruler of the twelfth house, is to understand the cause of limitation and confinement, which is always the triggering planet. Find something in that symbol that can be renounced and then give it up wisely and skillfully.

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CONCLUSION

This completes the delineation of the containments of Saturn. You must now assimilate the data so you can look at a horoscope and see Saturn in a deeper, fuller, and clearer light. I have tried to build a foundation for understanding the karmic pattern of each containment. If you study these patterns, you should be able to grasp the nature of the other planetary containments very easily. The basic concepts and symbolisms have been given. They must now mature in your mind. I have tried to emphasize the following points:

- Saturn is the pivotal planet in the containment of your karma. This is the fundamental point.
- There is a natural evolution or flow of energy in each containment of Saturn that moves from constriction and confinement to expansion and freedom.
- If the energy does not flow through the containment, deep frustration occurs. This causes the subconscious mind to malfunction.
- You need to find a way for the energy to flow through a containment so that it does not hinder the manifestation of your dream.
- If a person's dream is taken away, the mind feels it will die or there is no longer any reason to live.
- If the energy of a containment is obstructed, the planetary forces stop functioning in the quadrant where Saturn is located.
- Knowledge regarding the containment of Saturn is not for abstract intellectual reflection. It is offered so you can use it to break free from your own self-made limitation and confinement.
- In seeking to help people remember the wisdom of my Guru: "Disturb not the dream of another but awaken from *your* dream."



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STUDY QUESTIONS — LESSON NINE

1. How are the idea of beauty and the concept of values linked by Venus?
2. How can love and beauty become a source of limitation?
3. What must you break free of in order to evolve to higher values?
4. What do you discover as you ascend the chakric tree of consciousness?
5. What is the meaning of the word *die* as used in relation to a containment?
6. What produces limitation when Venus is the triggering planet?
7. What does the Moon lead to when it is the directing planet?
8. What happens to the mind when Mercury is the directing planet?
9. What kind of attitude does the Sun lead to when it is the directing planet?
10. What does Jupiter produce when it is the directing planet?
11. What does Uranus indicate when it is the directing planet?
12. What does Neptune produce when it is the directing planet?
13. What psychological state does Pluto bring when it is the directing planet?
14. What does a person equate with love when Venus and Pluto are linked?
15. Why are the containments triggered by Mars some of the most difficult?
16. What is the precipitating cause of limitation when Mars is the triggering planet?
17. What does Venus lead to when it is the directing planet?
18. What is the difference between intellectual and emotional knowledge?



19. Why is Jupiter so crucial in the chart and as a triggering planet?
20. What brings limitation when Jupiter is the triggering planet?
21. What causes limitation when Uranus is the triggering planet?
22. Why is Uranus known as the Awakener?
23. What does Neptune symbolize on a mystical level?
24. What is an ultimate experience?
25. Why does Neptune rule drugs and addiction?
26. What produces limitation when Neptune is the triggering planet?
27. What type of power does Pluto symbolize in a containment of Saturn?
28. What is the cause of limitation when Pluto is the triggering planet?
29. What type of activity is symbolized by a Pluto-Saturn-Mars containment?
30. What do Pluto, Saturn, and Uranus produce when they come together?
31. What is the difference between karma symbolized by Saturn and the 12th house?
32. How do you apply the theory of containment to the ruler of the 12th house?
33. What is the best way to soften a containment?

