

## UNDERSTANDING PROGRESSED ASPECTS

There are many ways for an astrologer to predict the timing of karmic events. One of the best is the use of progressed aspects, which are also called Secondary Progressions or Secondary Directions. The natal horoscope is a two-dimensional diagram of the heavens at the moment of your birth. The planets in the natal chart map the karmic force fields within your astral body, but nothing in life is fixed. The natal chart continues to unfold or progress from the moment of birth. This movement or progression of the planets reveals when specific karmic events symbolized in the natal chart will activate. This movement is referred to as a secondary progression or a progressed aspect.

Secondary progressions are relatively easy to calculate because they use the day-for-a-year method, in which each day after birth symbolizes one year of a person's life. There is another more complex system for progressing the natal chart called Primary Directions. Primary Directions are calculated by a spherical trigonometric projection of the planets into aspect after birth based on the actual rotation of the earth on its axis every twenty-four hours. Primary Directions are mathematically complex and produce very few progressed aspects in a lifetime, but those they do reveal are quite significant.

The study of progressions offers deep insight into the unfolding of a person's personality as they walk through life. Progressions are also vital to understanding the changes a person experiences. The natal chart symbolizes promise and potential whereas the progressed chart shows one's deeper spiritual unfoldment. Though the natal chart always remains the same and cannot be overridden, life does bring changes. The progressed chart defines and describes these changes. Thus, it is quite valuable to compare your current progressed chart to your natal chart each year.

### Differences Between Transits and Progressions

Progressions differ from transits in several ways. The transiting position of a planet is the same for everyone whereas the progressed position of a planet is unique in each horoscope because it represents the natural progression of the natal chart. Transits affect you more personally when they form aspects to natal planets or critical points in your chart, but they manifest for everyone at the same time. Progressions have a unique timing mechanism and do not manifest for everyone at the same time. Progressed planets also move much slower than most transits. Applying the formula  $IxD=F$ , it is clear that a progressed aspect will often exert a greater force than a transit.



There are other important differences between transits and progressions. Transits symbolize an external energy. They tend to describe external forces or events and your responses to them. The events and psychological states described by progressions are deeply ingrained in the psyche and tend to reveal the deeper process of one's spiritual evolution. Although they certainly can affect external events, the mystic would say the effect a progression has on your external life is a direct response to the activation of deeper states of consciousness within you.

All manifestation precipitates downward from the inner world to the outer world, from subtle manifestation to physical manifestation. Thus, all karmic manifestation, whether activated by a progression or a transit, has its genesis deep within your personal astral world. From there it precipitates down into the lower layers of your subconscious mind, where the karmic seeds can first be seen in the sleep state as dream symbols.

Whether or not you are aware of your dreams, there are two levels of karma represented within the bindu of dream symbols. We could say these two levels represent more recent or newer karma and long-standing or very old karma. More recent karma is symbolized by transits and older karma by progressions. The slower a planet moves within these two groups, the older the karma. Thus, a Pluto transit activates karma that is much older than karma symbolized by a Jupiter transit. In the same way, a progressed Venus aspect symbolizes more recent karma than the karma activated by a Mars progression.

Karma that is linked to a transit could have been generated anywhere from one month ago, in the case of a lunar transit, to approximately 245 years in the case of a Pluto transit. Karma symbolized by a progression has its genesis anywhere from 24.3 years in the past to approximately 21,900 years in the past. Any set of experiences that is outside the normal range of a human's life means the key experience that began the karmic patterning was in a previous incarnation, either in the astral or on the earth plane. In each case, the karma first starts deep within as a feeling, need, desire, craving, fear, or wish. It then takes action in the mind, consciously or unconsciously, and manifests in the outer world where it forcefully affects people, events, and circumstances.

More than anything else, progressed aspects indicate when major karmic events are going to manifest. The progressed Sun indicates the year in which major karma will manifest. The progressed Moon indicates the months during which it is most likely to

activate. The faster moving transits reveal the days. The angular nature of the progressed aspect (conjunction, square, trine, etc.) reveals the relative strength of the event. The planets involved indicate the people, places, and circumstances that will most likely trigger the manifestation of that particular piece of karma.

Do not become so focused on progressed aspects that you forget the transits or so focused on the transits that you forget the progressions. Transits and progressions work in conjunction with one another. Together with lunations (new and full moons), they offer a clear picture of what will be happening in the months and years ahead.

### Calculating Progressed Aspects

The calculation of secondary progressions is based on the mystical principle of a day for a year. This principle states that there is a causal relationship between each day after birth and each year after birth. In other words, the positions of the planets on the 40<sup>th</sup> day after birth are the progressed positions of the planets for the 40<sup>th</sup> year of your life. Secondary progressions can be calculated quite simply. If you want to know what might happen in the 40<sup>th</sup> year of your life, you open an ephemeris to the year and month that you were born and count forty days from the date of your birth. You find the positions of the planets, place them into the natal chart, and delineate them by house, sign, and any aspects they form to natal planets or sensitive points.

For example, if you were born on September 1, 1965 and you want to determine the progressed position of the planets in your natal chart for 2005, open an ephemeris for September 1965 and count forty days from the date of your birth. There are only twenty-nine days remaining in the month of September, so you need to turn the page, go to the next month, and count eleven more days. This gives you a progressed date of October 11, 1965. The planetary positions on this date represent the progressed positions of the planets in your natal chart for 2005, which is the fortieth year of your life in this incarnation. Now place the progressed planets into your natal chart and read them by sign, house, and aspect. (The progressed positions of faster moving planets cannot always be taken straight out of the ephemeris. The Moon must be adjusted to the hour of your birth, just as it is when calculating its position in the natal chart.)

It has been said that the progressed Sun is the hour hand on the cosmic clock of life and the progressed Moon the minute hand. The luminaries indicate two levels of karmic energy — an external karmic energy symbolized by the Sun and an internal karmic energy symbolized by the Moon. Together they reveal when significant karma will



manifest in your life. The progressed Sun brings to light the period of time when specific karma is scheduled. The progressed Moon reveals when that internal karmic influence will activate. Another way of looking at this phenomenon is to say that progressed solar aspects release objective karma whereas progressed lunar aspects release subjective karma. When these two forces or aspects fire at approximately the same time, fundamental evolutionary karma manifests. Thus we begin our study of progressions with the Sun and Moon.



## THE PROGRESSED SUN

The progressed Sun symbolizes the evolution and unfoldment of your personal history. It reveals the story of your spiritual journey over the last six incarnations and the unfoldment of your life in this incarnation. This evolution is shown by the progressed Sun as it moves into a new sign, decanate, or house. Progressed solar aspects to natal planets also reveal these forces, and to a degree, any planet moving into a new sign or decanate by progression reveals a facet of one's personal history. But mystically speaking, the planets are all harmonics of the Sun. Thus the Sun symbolizes one's spiritual evolution by progression.

The Sun symbolizes the spiritual being that you are — your self-awareness. The progressed Sun indicates how you redefine your experience of self. The following four factors reveal where, when, and how the way you see yourself will change and thus how you will act and react to circumstances and events that enter your life.

### **Progressed Sun Moving into a New Sign**

When the Sun progresses into a new sign, it symbolizes the timing of new moods and attitudes that are taking place in your astral life. This new astral configuration will produce a mindset that modifies everything manifesting on the mundane level of your life. This cycle lasts approximately thirty years and is linked to the transiting cycle of Saturn. When the Sun progresses into a new sign, it also changes the quality of the Sun's nature, which subtly changes the way you see and express yourself. If the Sun moves into Aries, it becomes more aggressive, reckless, and outgoing. When it moves into Taurus, it becomes more cautious, careful, and somewhat introverted.

### **Progressed Sun Moving into a New House**

When the Sun progresses into a new house, it symbolizes the timing of new interests and/or experiences that are taking place in your mundane life. This mundane configuration will produce a mindset that directs events to manifest toward a given area of your life. The length of this cycle varies, depending on the size of a house. This cycle lasts for the number of years equivalent to the number of degrees in a house.

When the Sun enters a new house, it invigorates that area of your life. Whether this influence is positive or negative, harmonious or inharmonious, depends on the quality of the natal Sun by sign, house, degree, and natal aspect. The most important houses



historically are the angular houses, the progressed Sun into the first house being the most important followed by the tenth. I have found that the progression of the Sun to the fourth house cusp is often a time of great loss or a fall from power, especially if the Sun has hard natal aspects. If the ruler of the fourth house is linked to either the twelfth house or Neptune, there is added danger of confinement mentally or physically.

### **Progressed Sun Moving into a New Decanate**

When the Sun progresses into a new decanate, it symbolizes the timing of sub-moods and sub-attitudes that are taking place in your astral life. This new astral configuration produces a sub-mindset that modifies the expression of the sign and causes things to manifest on the mundane level of your life in a subtly different way. This cycle lasts approximately ten years.

When delineating the progressions of the Sun, it is important to pay close attention to the Sun's natal sub-ruler. This is the planet ruling the decanate the Sun is in natively. For example, if the natal Sun is in the first decanate of Aries (0 to 10 degrees), its sub-ruler is Mars. If the natal Sun is in the second decanate of Aries (10-20 degrees), its sub-ruler is the Sun (Leo). If the natal Sun is in the third decanate of Aries, its sub-ruler is Jupiter (Sagittarius). If the sub-ruler of the natal Sun has hard natal aspects, it will hinder any benefits that might arise or add to negative forces being released in any new house into which the Sun progresses.

### **Progressed Sun Entering a New Degree**

Each degree of the zodiac expresses the light of the Sun in a unique way, producing a specific state of consciousness or karmic perspective. When the Sun progresses into a new degree of the zodiac, it indicates the timing of a change in your deep-rooted karmic views and thus your reaction to your life and its circumstances. This cycle lasts approximately one year.

### **The Duration of Solar Progressions**

The general energy release of a progression or transit is one degree or sixty-minutes of arc on either side of the partile. The progressed Sun moves approximately five-minutes of arc per month. Thus, the general energy release of a progressed solar aspect is about one year on either side of the partile. This period is the target of aspectual activity, but its release of energy is relatively weak. The intense energy release of a progression or transit is twenty minutes of arc on either side of the partile. Because the

Sun moves five minutes of arc per month by progression, its intense release of energy will last about four months on either side of a partile. This period is referred to as the center of the energy release or the bull's-eye of the target.

Many astrologers believe that a solar progression is active for three years — one year as the aspect is applying, the year that it partiles, and the following year while it is separating. Other astrologers simply use a one-degree orb, which means the active period is two years. Shelliji has pointed out that twenty minutes on either side of the partile is the critical period, which gives a total duration of eight months.

### **Understanding the Arc of Activity**

Advanced study and insight reveal what I call the Arc of Activity. This important principle reveals that the duration of a solar progression could last for many years because of a natal planet's progressed movement or arc of activity since birth. For example, let's assume that the progressed Sun forms a trine to the natal Mars at the age of twenty. During those twenty years, the natal Mars has probably progressed approximately 1/2 of a degree per year (the average speed of Mars) or ten degrees. In other words, at the age of twenty the progressed Mars is ten degrees away from its own natal position. Thus, the Sun's arc of activity, as it relates specifically to a progressed aspect to Mars, will be ten degrees or ten years — the period between when it partiles the natal Mars and when it partiles the progressed Mars.

This means that the progressed Sun's trine to the natal Mars will be most active for eight months (four months on either side of the natal partile), when it will produce an active solar event. But symbolically, the trine will last for a ten-year period. During this arc of activity, the solar energy will be much less active. You could say it will be passive, but a major transit could (and often does) reactivate the progressed solar aspect. The progressed solar trine to Mars will also modify all progressed lunar aspects during the ten-year period.

It has been said that if one does not have a progressed solar aspect during a progressed year (from birthday to birthday), that year will not be a significant or crucial year. There are certainly crucial and significant progressed aspects that do not include the Sun. But an aspect involving the progressed Sun indicates the year will be significant for you in terms of your spiritual evolution, even though that year may prove to have great loss or pain. Another way of saying this is to say that any progressed aspect that occurs within a progressed year that does not contain a solar progressed aspect will be less significant in affecting this life cycle.



### Judging the Intensity of Solar Progressions

The most important and strongest progressed aspects are from the Sun to natal planets. Some astrologers believe the progressed Sun is so important that they only calculate progressions of the Sun to pick the most vital years of a person's life. As I said, whenever there is a progressed aspect to or from the Sun, that year will be very significant — positively or negatively, harmoniously or inharmoniously. It will be more significant and stronger if the progressed Sun makes the aspect, rather than the Moon or a planet forming a progressed aspect to the Sun.

The Sun is also an intensifier; it strengthens the force of anything it touches. Any aspect that forms anywhere in the horoscope between four to six months on either side of a partile solar progression will be intensified and strengthened. Mystically speaking, each planet is a sub-vibration of the Sun, a derivative or harmonic of the Sun. Thus, anytime the Sun vibrates positively, its harmonics will also vibrate positively. A positive progressed solar aspect will tend to make other progressions and transits more positive. It will also soften negative progressed aspects and transits. In the same way, a negative progressed solar aspect will tend to make other positive aspects less positive and negative aspects more negative. This is why it is important to know if there is a solar progression occurring around the same time as other progressions or major transits.

A progressed solar aspect can also increase the duration and thus the force of other aspects. For example, if you have a progressed Mercury sextile Venus, it normally fires two months on either side of its partile. But if the sextile fires close to the partile of a solar progression, its effects could be felt for up to twelve months. The progressed Mercury sextile Venus normally causes one to go on a short enjoyable trip or manifests as a small amount of money. But if the sextile fires near a solar progression, the trip could be a major journey or you could receive ten times as much money.

The closer a solar progression partiles to your birthday, the more forceful it will be. The reason for this is the transiting Sun is conjunct the natal Sun on your birthday. In other words, your birthday is your solar return. Here you begin to see how transits work with progressions. The same is true of all the planets. A progressed Jupiter aspect will intensify or help intensify a transit to or from Jupiter. A progressed Mars will intensify a transit to or from Mars. This is why some astrologers consider the transits on your birthday to be a symbol of powerful events that will most likely manifest over the following astral year. (An astral year is measured from birthday to birthday.)



Remember more than anything, a progressed aspect indicates when karma is going to manifest. The nature or angle of the aspect (conjunction, square, trine) gives you the general strength of the event — the conjunction being the strongest of the six major aspects and the sextile the weakest. The nature of the aspect also symbolically tells you the types of people, places, and circumstances that will most likely manifest while the progression is active. As I said before, progressed aspects are one of the most important factors on the karmic clock. The progressed Sun is the hour hand; it tells you the years in which karma will manifest. The progressed Moon is the minute hand; it gives you the month. The faster moving transits are the second hand, revealing the days. This is the pure concept of predictive astrology.

### **Progressions Activate the Natal Chart**

Once again, it is important to remind you that only that which is in the natal horoscope can manifest. For example, if Jupiter and the Sun square one another in the natal chart and Jupiter rules the second house, it indicates potential problems with financial matters. Thirty years later when the progressed Sun forms a trine to the natal Jupiter, do not read the progressed aspect as an indication of intensified wealth or progressed Sun trine Jupiter. It must be read progressed Sun trine Jupiter (natal Jupiter squared natal Sun), which means not too much good is likely to come from the progressed trine.

You can also look at it the other way around. If the natal Mars trines the natal Sun, sixty years later when the progressed Sun forms an opposition to the natal Mars, the opposition will not be that difficult to handle. This is because the natal Mars is well aspected (in this case to the Sun). When a natal planet is well aspected, any progression it makes or another planet makes to it activates the positive qualities of the natal aspect. If the natal Saturn is trined the natal Sun, the progressed square will not be that bad. In the same way, when a natal planet is afflicted, any progressed aspect it makes or another planet makes to it will activate the negative qualities of the natal aspect.

### **Fundamental Principles for Understanding Progressed Aspects**

One of the simplest ways to read solar progressions is to divide them into harmonious and inharmonious aspects. The harmonious aspects are the trine and sextile. The inharmonious aspects are the square, inconjunct, and opposition. A conjunction is either harmonious or inharmonious, depending on the planetary energies involved. The Sun, Moon, Mercury, Venus, and Jupiter are considered to be harmonious by conjunction. Mars, Saturn, Uranus, Neptune, and Pluto are considered inharmonious by conjunction.



This always begs the question of whether a Jupiter/Saturn conjunction is positive or negative. The answer depends on the natal nature of the two planets. The stronger planet will determine whether the conjunction is positive or negative. Transits and progressions to or from Saturn, like those of the Sun, produce effects that can last several incarnations. Thus the most important karmic progressions are between the Sun and Saturn.

There are four fundamental principles you need to memorize before delineating progressed aspects. If you memorize these four factors, the basic meaning of all the aspects can be readily understood. These four factors are:

1. The meaning and quality of the primary aspects
  2. The strength or energy level of each aspect
  3. The nature of the individual planetary energies
  4. The nature of the planetary energies when combined in aspect
- Conjunctions and Parallels are very intense. They are solar forces, and thus a power complex that energizes anything they link to. They are the first and strongest release of energy.
  - Squares are a Mars force and a disruptive complex. They are the second most powerful aspects.
  - Oppositions and Contra-Parallels are lunar forces. They are the third most forceful energies.
  - Trines are a Jupiter force, an expansive complex, and the fourth most powerful release.
  - Sextiles are a Venus force that harmonizes anything they link to. The sextile is an opportunity complex. It is the fifth level of release and weakest of the major aspects.
  - Inconjuncts are a Saturn force, a guilt complex that is the sixth level of energy release.
  - Semi-Squares are a Mercury force, a 45-degree aspect that is a minor upsetting complex. They are the seventh and weakest energy release of all the aspects.
  - The Sun symbolizes the will to create, govern, and work toward a goal.
  - The Moon symbolizes the desire to nourish, be domestic, and seek orderly change.

- Mercury symbolizes the wish to communicate and travel.
- Venus symbolizes the need to love and cherish.
- Mars symbolizes energy and determination.
- Jupiter symbolizes the urge to expand.
- Saturn symbolizes resistance to change and perseverance.
- Uranus symbolizes the need for freedom and unconventionality.
- Neptune symbolizes imagination and impressionability.
- Pluto symbolizes an inclination to implement power.

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## PROGRESSED SUN IN ASPECT TO THE MOON

### PROGRESSED SUN HARMONIOUS TO THE MOON

When the progressed Sun forms harmonious aspects to the Moon, it produces honors, promotions, popularity, influence, and friendships. It improves your vitality and health, brings gain through influential people, and helps you to feel you can express your ambitions. There is gain through business affairs and all types of partnerships. Speculation is generally successful, particularly if you are working with the general public. Success comes through dealings with the public and with women.

The Sun rules physical vitality and the Moon the fluids of the body, including hormone secretions. Thus, the Sun and Moon both have profound influences on health, which improves when the luminaries are in favorable aspect to one another. If the progressed Sun afflicts the Moon, it tends to affect the health of a woman more than it does a man. This underscores a crucial principle: The faster moving planet in any aspect is usually more affected by the slower moving planet rather than the other way around.

To better understand the relationship between these two primary forces, ask yourself a simple question: What are the symbolic meanings of the Sun and Moon? The Sun is Spirit — that which you are. It is your most fundamental state of awareness, often called your soul and sometimes referred to as ego. Humans experience themselves to be what they hold in their consciousness, which they later relate to as their ego. The Sun also symbolizes willpower and people who have influence over your life. I call them authoritarian figures.

The Moon symbolizes your mind, your receptive nature, cyclical change, women, children, and the public. The Moon is your memory track as well as your emotions. When the Sun and Moon come together harmoniously, there is a positive inner linking between your self-awareness, your memory track, and the cyclical principles of life. Thus, independent of your sex, this linkage will produce harmony with women and children, the general public, and authoritarian figures. You will also have good instincts about when to make changes.

### PROGRESSED SUN INHARMONIOUS TO THE MOON

When the progressed Sun afflicts the natal Moon, reverse the delineation given above. The heat of the Sun and the moisture of the Moon do not mix well when they



form inharmonious aspects. The people, attitudes, and circumstances mentioned as being positive are now somewhat negative. It indicates weak vitality and thus diminished health. It is an unfortunate period for speculation and can produce loss through business, friends, partners, women, the general public, and powerful people. It can be a period of bereavement and grief, but not necessarily because of death. It can be related to the loss of friendship, position, love, or something you cherish. The nature of the loss will greatly depend on the rulers of the eighth and twelfth houses.

When the progressed Sun is inharmonious to the Moon, it symbolizes that the soul is fighting with the mind. This clash is such a powerful dynamic that something is often lost. There is grief because the loss is usually permanent. It is a trying time and if the natal luminaries are afflicted, it will be even more challenging.

If the Sun and/or Moon are afflicted in the natal chart and the progressed Sun forms an inharmonious aspect to the Moon, it causes the progressed aspect to be even more malefic because it excites the natal aspect. A progressed affliction between the luminaries brings difficulties. However, it will be much more difficult if the Sun and Moon afflict one another natively.

### **PROGRESSED SUN CONJUNCT THE MOON**

This is one of the most powerful progressed aspects a person can experience. It indicates fundamental changes in your soul and thus major changes in your life. The Moon's natal sign symbolizes the changes that are taking place in your soul. The house areas ruled by the natal Moon symbolize where external changes are likely to manifest. This progression generally adds to your familial happiness, improves your social life, and brings honor.

Like all aspects, the positivity or negativity depends to a great degree on the natal aspects of the two planets, in this case the two luminaries. If the Sun and Moon are natively positive, this aspect brings promotion, advancement, and satisfaction in one's business and domestic life. This conjunction symbolizes powerful influences that bring material gain into your life. It opens doors of opportunity that can produce success and achievement.

When considering the positivity or negativity of the natal Moon, you must remember one of the fundamental laws of arcane astrology: The Moon conducts the energy of the last natal planet with which it formed a conjunction and carries that energy with it as it moves through the horoscope. The last planet the Moon passes over before birth is

called the prenatal lunar conjunction. This planet has a very definite effect on the psyche and reveals why the containment of the Moon in the natal chart is a key to understanding the potential of your being.

When the progressed Moon forms an aspect to a natal planet or vice versa, it is not just the force of the Moon that affects the planet. It is the Moon modified by the last planetary energy it touched by conjunction. If the prenatal lunar conjunction was with the Sun, the progressed Moon carries the heat of the Sun and circulates that heat throughout the body, adding to one's vitality and health. However if the natal chart indicates there is already too much heat in the body, this could be detrimental to your health or the parts of your body ruled by the planet being aspected by the progressed Moon. For example, if the prenatal lunar conjunction was with the Sun and the progressed Moon conjuncts Neptune or Mars, this might produce too much heat in the feet or head, which could cause problems.

### **PROGRESSED SUN PARALLEL THE MOON**

If there is a progressed parallel of declination between two planets, there is often a conjunction during the same cycle or vice versa. The parallel of declination and conjunction are very similar. The primary difference between them is duration. The parallel lasts much longer. When delineating a parallel between the progressed Sun and the Moon, the description of the progressed conjunction should be blended with the following additional thought. The parallel reveals deeper changes in consciousness, which enable you to gain greater control of your awareness. This produces an elevation of thought leading to inspiration.

### **PROGRESSED SUN SEXTILE THE MOON**

A sextile symbolizes opportunity. The mystical purpose of this sextile is to inspire your mind. You will understand where you are in your life with greater clarity, which allows you to skillfully open doors of opportunity. This progression brings peace and harmony into your life. Everything goes smoothly because your attitude and viewpoint improve. Your awareness increases and the mind becomes positive, cheerful, and confident. As your circumstances improve, you become more optimistic. New friends and affections enter your life. This encourages you to venture forth with greater pleasure. Events and changes that occur under this aspect will prove to be very beneficial, bringing added happiness and improving conditions in your personal and professional life.



### **PROGRESSED SUN SQUARE THE MOON**

A progressed square to the Moon indicates an adverse or unfortunate period when difficult changes are likely to occur. Problems often arise because of diminished vitality or digestive complications. The Moon rules one's domestic life. Thus, this square frequently indicates a loss in the family due to someone moving away, a divorce, or death. It also symbolizes discontent or disenchantment when dealing with family members or supervisors and bosses. Nothing seems to go appropriately during this cycle. One of the key reasons for this is your heightened emotionality, which seems to spill out everywhere for no apparent reason. You are impulsive, making changes that are unwise and badly timed. It is a period of frustration and thus irritation, which rubs you and other people the wrong way. On the positive side, this square presents opportunities to battle your greatest enemies — greed, ego, and attachment.

### **PROGRESSED SUN TRINE THE MOON**

The trine is often called the sunshine aspect because it brings happiness and success into life. This is an excellent period to gain through industry, speculation, or investment. It is also a good time to ask for favors or deal with the general public. You are likely to feel an urge to enter into new enterprises, which should be successful if the natal chart agrees. Your physical strength and vitality should improve. The mind will become confident and full of creative thoughts and ideas.

Business ventures and personal relationships that start at this time will be beneficial and enduring. Thus, you gain advancement, promotion, recognition, and social acceptance. The most propitious time to start new ventures is when the Moon also makes a favorable progressed aspect. Remember that success depends on your horizon of awareness, self-discipline, and spiritual maturity, which means a willingness to be unselfish and let go of something to attain something nobler.

### **PROGRESSED SUN OPPOSITION THE MOON**

An opposition is an adverse period during which you reach a crisis in your life. This particular crisis relates to matters symbolized by the fourth house, the house of the natal Moon, or the house ruled by the Moon. Circumstances or conditions that have been held back or have been pending for a long time will reach a culmination or conclusion during this cycle. Unfortunately this usually occurs through problems, separations, sorrows, or disappointments that manifest in your life. Powerful people and enemies seem to attack you and your goals. Close relationships and old ties may be broken or severed, leading you uncomfortably into new surroundings and situations. If



you are somewhat psychic or seek to develop your latent abilities, this aspect can be enormously helpful if, and only if, you can control your emotions and remain detached while the external world challenges you.

### **PROGRESSED SUN INCONJUNCT THE MOON**

This aspect indicates you need to meditate and balance the interplay between your conscious actions and your subconscious emotions. The inconjunct is a 150-degree aspect that indicates stress, guilt, and sickness. These interrelated forces hinder the attainment of your objectives and goals in life. The inconjunct is not generally considered to be a major aspect. However, I have found it to be increasingly important in this modern age of inhuman demands because people are suffering from such stress, guilt, and insecurity.

When the progressed Sun forms an inconjunct to the Moon, it often produces what could be called psychosomatic diseases arising from guilt. The Sun symbolizes your physical vitality and health, which are linked to the Moon — your subconscious mind or lower astral body. Within your astral being, there is a matrix of values that have been accumulated over many lifetimes. Some of these values are distorted, erroneous, or in conflict with one another. The problem is that these subconscious emotional forces rule and control your physical brain and body. During an inconjunct, action that might be necessary or appropriate in your life can be in conflict with these values and emotions, generating guilt that can in turn precipitate problems that affect your physical health and mental well being.

Inconjuncts negatively influence your personal and professional life because of your emotional reaction to your own guilt. Some people are aware of this internal conflict and the stress it causes; others are not. Some know they feel guilty and others just feel ill at ease, anxious, or have a sense of foreboding because the conflict has not yet reached their conscious mind. Guilt that arises under an inconjunct is usually related to the house the slower moving planet occupies and even more so to the house it rules.

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**STUDY QUESTIONS — LESSON ONE**

1. What do the natal planets map?
2. What is revealed by the progressions of the natal planets?
3. What are secondary progressions?
4. Why are secondary progressions relatively easy to calculate?
5. What is a primary direction?
6. How do secondary progressions differ from transits?
7. How does the timing of a progression differ from a transit?
8. What is revealed by events and psychological states activated by progressions?
9. Where does all karmic manifestation have its genesis?
10. Where can karmic seeds first be seen?
11. What two classes of karma are represented by dream symbols?
12. What type of karma is symbolized by transits?
13. What type of karma is symbolized by progressions?
14. How does a piece of karma first begin?
15. What does the progressed Sun indicate about the timing of major karma?
16. What does the progressed Moon reveal about the timing of karma?
17. What do faster transits tell you about the timing of karma?
18. What does the angular nature of a progressed aspect reveal?



19. What do the planets involved in a progressed aspect indicate?
20. On what mystical principle are secondary progressions based?
21. What two levels of karmic energy do the luminaries symbolize?
22. What will manifest when a solar and lunar progression fire at the same time?
23. What does the progression of your natal Sun symbolize?
24. What do progressions of the Sun indicate about your experience of self?
25. What does the movement of the Sun into a new sign symbolize?
26. How long does the progressed Sun stay in a sign?
27. What does the progression of the Sun into a new house symbolize?
28. How long will the progressed Sun stay in a natal house?
29. What houses are most important historically?
30. What is symbolized by the progression of the Sun into a new decanate?
31. How long will the progressed Sun be in each decanate of a sign?
32. What does each degree of the zodiac do in a unique way?
33. What does the progression of the Sun into a new degree produce?
34. How fast does the progressed Sun move?
35. For how many months will a solar progression release an intense energy?
36. What is the Arc of Activity for a progressed aspect?
37. How do you measure an astral or progressed year?

38. What are the strongest and most important progressions?
39. What effect does a solar progression have on other progressions and transits?
40. Why does a positive solar progression make other aspects more positive?
41. What four principles need to be memorized before delineating progressions?
42. When it is harmonious to the Moon, what does the progressed Sun produce?
43. Why do the Sun and Moon have a profound effect on your health?
44. Why are the relative speeds of planets in aspect with one another important?
45. What is in conflict when the progressed Sun is inharmonious to the Moon?
46. Why does a progressed affliction between the Sun and Moon often bring grief?
47. What type of change is indicated by the conjunction of the Sun and Moon?
48. What fundamental law of arcane astrology affects the quality of the Moon?
49. What do you call the last conjunction the Moon makes prior to birth?
50. What is the primary difference between a conjunction and a parallel?
51. What is the mystical purpose of the progressed Sun sextile the Moon?
52. Why do things go smoothly when the progressed Sun sextiles the Moon?
53. What does a progressed square to the Moon indicate?
54. What kind of cycle does an opposition symbolize?
55. What reaches a conclusion during an opposition?
56. What usually manifests in your life during an opposition?

57. What does an inconjunct between the progressed Sun and the Moon indicate?
58. What does an inconjunct produce?
59. What kind of disease does a progressed Sun inconjunct the Moon produce?
60. How does an inconjunct generate guilt?
61. Why does an inconjunct negatively influence your personal or professional life?